



The Northwest Vipassana Center

Vipassana as taught by S.N. Goenka

Invites you to an

Open House

Sunday, July 26th, 2009

12:00 – 4:00 pm

445 Gore Road, Onalaska, WA

Guided Tours – Vipassana Film Showings - Development Plans on Display
Refreshments Provided

The Northwest Vipassana Center is dedicated to the teaching of Vipassana meditation as taught by S.N. Goenka. *Vipassana* means “seeing things as they really are.” It is a process of mental purification through self-observation. The center is located on 50 beautiful acres of meadows and forest with a view of Mt. Rainier to the northeast. Ten-day retreats for adults have been held at the center about twice a month since 1991. Weekend courses for children and teenagers are also held once a year.

All are welcome to come visit the center on July 26th, take a guided tour of the facilities, grounds and new residences under construction, and learn more about Vipassana. Activities for kids are provided. Development drawings and plans will also be on display.

Vipassana Film Showings

Doing Time, Doing Vipassana

This award-winning film takes viewers into India's largest prison—one of the toughest in the world—and documents the dramatic change in both inmates and guards brought about by the introduction of Vipassana. (52 min.)

Inner Peace for World Peace

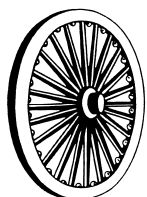
This film includes S.N. Goenka's address to the United Nations Millennium World Peace Summit on August 29, 2000 and an interview with S.N. Goenka at the World Economic Forum in February 2000. (31 min.)

Mental Wealth

This discourse by S.N. Goenka was given at the Harvard Business School Club in New York in August 2000 and is followed by a lively Q&A session. (62 min.)

Other titles may be shown as time permits.

For more information, please contact us:



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Driving directions available at <http://www.kunja.dhamma.org/directions.html>.